



Wednesday, February 14

7:00 AM – Mass and Ashes

3:00 PM – Liturgy of the Word and Ashes

5:30 PM – Mass and Ashes



ASH WEDNESDAY and **GOOD FRIDAY** are days of fast and abstinence. **ALL FRIDAYS OF LENT** are also days of abstinence.

FASTING is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

ABSTINENCE is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

Reconciliation

Every Monday at St. Peter Claver from 6:00 pm ~ 7:00 pm

Townwide Stations of the Cross

Please join us at **7:00 pm** for a prayerful and meditative Lenten practice.

St. Mark the Evangelist	February 16
St. Peter Claver	February 23
St. Timothy	March 2
St. Thomas the Apostle	March 9
St. Helena	March 16
St. Thomas the Apostle	March 23
St. Brigid (12 NOON)	March 30

All are welcome!